Do Not Worry BY Malusi Skunyana

Read Matthew 6:25, 26, 31-33

**Matt 6:25** Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

**Matt 6:26** Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?

**Matt 6:31** Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

**Matt 6:32** (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

**Matt 6:33** But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Our heavenly Father cares for us, and He knows what our needs are and provides what is best for us. We have no cause for concern for He who feeds the birds will never fail to provide for His children for whom He sacrificed His Son. It is in our best interest to leave all care with Him believing that He will take care of us during the time of need.

Jesus wanted His disciples to know that as children of God they did not need to worry about anything especially their daily supplies, for God was their Provider. He directed them to the birds that were depended on God for food. The birds do not sow, neither do they reap, nor gather into barns, yet God provides for them. If God cared and provided for His tiniest creatures, surely He would provide for His children who were made in His image and for whom He paid the dear price of His Son’s life to save them. Indeed in order to properly estimate the value of man one needs to consider what it cost to save him from sin and eternal loss. God invested His resources in order to save him. He gave up His only begotten Son to die for man that through His death the human race might have eternal life. God so loved man such that there was nothing He would not give in order to redeem Him from death.

Indeed the One who gave all for man is not blind to the needs of His children. God knows what is best for us, and He will never withhold any good thing from us. We have no cause for concern for He knows our varied circumstances. Even before we ask, our heavenly Father already knows what we need and stands ready to give us the desired blessing. Our Father is well acquainted with all our cares and our tears, and is ever close to us in every difficulty we face. He is pleased when we turn to Him in prayer and present our case. We may take everything to Him in prayer, and we have the assurance that He will always answer and give us what is best for us.

Jesus instructed His disciples to seek God and His righteousness first, and then all the other things would be added to them. He wanted them to make God first in everything, He had to be their only priority, and then they would not need to worry about anything, for God would take care of them. When we have such a close relationship with God such that we only live to do His will, cares will not dampen our spirit, for then we will not worry about tomorrow. We will rejoice that every moment we walk with God, and in everything, we will have contentment.

Dear friend, the secret to a fulfilled and happy life is not in having an abundance of this world’s goods, but it is in living a life of total dependence in God. It is when we are able to surrender our lives to God on a daily basis, allowing Him to live within us, and rejoicing in doing His will, that we experience real happiness and real fulfilment. We need not worry about what we shall eat or drink or wear, for God is our Provider; we need not worry about what tomorrow holds for us, for He holds the future in the palm of His hand. God loves you my friend, He cares for you; just put your trust in Him and believe in Him, and you will not be disappointed. May our beneficent Father bless you abundantly! Amen!